



# BEYOND THE TWELVE

## Recovery Movie Meetups™ Overview

Recovery Movie Meetups™ is an innovative program that blends entertainment, education, and reflection. Participants watch movies that feature recovery-related themes and then engage in guided discussions that connect the film’s narrative to their own recovery journey. This model provides a creative and stigma-free environment where insight, empathy, and change can emerge naturally through storytelling.

Relevant Quote:	“At the end of the day, recovery is a conversation. Recovery Movie Meetups enhances these discussions by incorporating visual depictions of addiction and recovery characters and themes from the movies featured in our program. To us, seeing is a great path towards healing.” – Recovery Movie Meetups Website		
Addictive Behaviors:	Appropriate for all addictive behaviors, and mental health issues, depending on the focus of the meeting and movie.		
View of Addiction:	No specific definition of addiction.		
Change Goal:	Any change goal (abstinence, moderation, harm reduction).		
Spiritual Foundation:	No spiritual foundation.		
Meeting Facilitators:	Meeting facilitators follow a specific guided discussion format after watching the movie during the meeting.		
Labels:	No labels are necessary.		
Sponsorship:	No sponsorship system.		
Length of Participation:	As long as you’re interested in watching movies about recovery and change.		
Meeting Format:	Watch a movie then discuss as a group.		
Founding:	Founded in 2022 by Ted Perkins.		
Medication Opinion:	Medication is considered a valid and personal part of recovery.		
Literature:	<i>Addicted in Film</i> , plus guidebooks and film-specific discussion materials.		
Website:	<a href="https://recoverymoviemeetups.com">https://recoverymoviemeetups.com</a>	Meeting Location:	In-person

*What aspects of this program feel like a good fit for me? What aspects don't?*

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*Where and when could I try Recovery Movie Meetups?*

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*How could this program support the goals I've set for my recovery, healing, growth, and change?*

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